


**COMMUNITY WELLNESS DEPARTMENT PRESENTS**  
**NATIONAL ABORIGINAL ADDICTIONS AWARENESS WEEK**

**“STRENGTHENING OUR COMMUNITY”**



**Shkadin Giizis (November) 12 – 18, 2017**

	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
	MIIGWECHIWE GIIZHGAT <b>Sunday</b>	NTAM GIIZHGAT <b>Monday</b>	NIISH GIIZHGAT <b>Tuesday</b>	NSWI GIIZHGAT <b>Wednesday</b>	NIIWO GIIZHGAT <b>Thursday</b>	NAANOO GIIZHGAT <b>Friday</b>	ODETOO GIIZHGAT <b>Saturday</b>
<b>AM</b>	Nov. 12, 8am to Nov. 15, 12 noon, “Mino Biimaadziwin, Photo Contest,” Contact: Carole Day	10am-5pm, Kenabutch Family Centre, “Traditional Stress Management” Contact: Gail Jacobs	10am-5pm, Kenabutch Family Centre, “Traditional Stress Management,” ” Contact: Gail Jacobs	8-9am, Community Centre, “Pancake Breakfast with FASD, & Responsible Gambling Info.,” Contact: Amanda Cook  9 am-3pm, Community Centre “Band Staff Meeting, Drug and Alcohol Workplan,” Contact: Leila Macumber	10 am-1pm, Band Hall foyer and Community Centre, “Info. Fair,” Contact: Linda Helin or Rob Essex		
<b>PM</b>				11:30 am-12:30pm, ELSS, “What is Responsible Drinking & Drugging to You,?” by James Gideon & Holly Johnston, Contact: Rob Essex	12 noon-1pm, Community Centre, Lunch & “Craving Change?,” Contact: Amanda Cook	1:30-2:30pm, Band Hall, “Medication Safety,” Contact: Rachele Nyman	
<b>Night</b>	<b>***Ballots for Grand Prize Draws will be available at each activity***</b>		5pm-7pm, Lifestyle Centre, Supper & “Internet Safety” by Bev Gauthier, Contact: Carole Day	6pm, Stockwater Bay, “Mixed Sweat,” Contact: Lee Simpson-Johnston	6pm-8pm, Lifestyle Centre, “Basketball Game & Human Trafficking Awareness,” by Isabelle Meawasige, Contact: Wanda Commanda or Sarah Gareau		7pm, Lifestyle Centre, “Canadian Wrestling Federation & Anti Bullying Workshop,” Contact: Carole Day <b>GRAND PRIZE DRAWS</b>

☺ **The more activities you attend, the more ballots you will get** ☺